

Section A: IHM Dad's Basketball General Info

1. Removal from League Rules:

- a. Any fighting or damage to school will be immediate dismissal from the league. Stay away from the garage doors!
- b. Any action in the gym that I deem is detrimental to the league will result in you being told to leave the gym for the evening. If it happens a second time in same year you will be suspended from the league for the year.
- c. If a Player is written up by the Refs, player is suspended for next two games. If occurs second time in same season, Player is out rest of year.

2. General Information:

- a. Purpose of league is to raise funds for IHM School, have some fun and share a soft drink with friends after the game. The League Governing body (Coaches and Commissioner) shall discuss and rule on any situations not included in this document. We are not a regular Men's Rec League, so if you do not agree with our philosophy, please find another league. 35 years of History can't be all wrong!
- b. No refunds are given if a player drops out or is suspended from the league for the season. However, prorated refunds will be given if a player gets hurt after the first game if a replacement is found.
- c. IHM is not responsible for any injuries sustained.
- d. If Baltimore County Schools are closed for weather then there are no games at IHM. If you have any questions please contact your Coach. Do not call the school.
- e. A waiting list will be started if teams are full. If anyone knows anyone interested in playing, they must get on the waiting list by sending in Registration and Waiver Form. No One will be considered unless they are on waiting list.
- f. League committee is composed of coaches and league Commissioner.
- g. Two Halves of twenty-four minutes running time. Time is stopped Last minute of each half.
- h. Tiebreakers for regular season division standings:
 - i. Head to head games between tied teams
 - ii. Record in Division
 - iii. Highest Total = Offensive Points Scored – Defensive Points Allowed.
 - iv. Lowest Defensive Points Allowed
 - v. Highest Points Scored
 - vi. Coin Flip

3. General Coaches Rules:

- a. Coaches are responsible for actions of their players. Coaches must de-escalate all interactions between their players and opposing players or refs. If a player is written up by the refs, Coach will be placed on probation for rest of year. If it happens a second time coach is also suspended one game.
- b. Must have four players from your team to start game. If only three at start of game then it is a forfeit.
- c. Shirt Rule: Violation: **Two Shot technical for each violation before game starts and then jump ball is done**
 - i. You must wear the current year shirt.
 - ii. Or You can wear a Prior Year shirt as long as
 1. It is the same color
 2. Has a number different than all other players on team
 3. Evelyn and Jim are notified and Number is put on Game Scoresheet.
- d. Substitution list must be provided to scorekeepers and the **coaches must agree to them** before the game. A violation of the substitute rule must be presented to the Commissioner before end of halftime so Commissioner can correct. Any complaint after game is over is not allowed.
- e. Managers will vote on all proposals. Proposal does not pass on a tie vote. Commissioner reserves the

right to Veto a rule if rule is considered not in best interest of league. Veto can be overridden by 70% or more of coaches vote.

- f. If the same "C" player on your team misses 2 weeks in row, for each consecutive week after that in which you do not replace them after that you forfeit that game until you replace the player or they return.

Section B: IHM Dad's Basketball Game Rules

1) IHM Dad BB Game Rules:

a. Points of emphasis:

- i. **Hand Checking-It is a small court so placing a hand on offensive player once to measure is fine but the second touch is an automatic foul. Any stayed hand on someone is considered hand checking and is a foul.**
- ii. **There are always children present so all swearing is a technical.**
 1. **All technicals including slip of the tongue swearing in frustration at oneself is now considered a team and individual foul. Penalty is 2 shots and ball to opposing team.**

- b. If a player gets two technical in a game, **they must leave the gym**. If it occurs second time in same season then player leaves the gym for that game and is suspended for next game. If occurs third time in a season then player is suspended for rest of that season.

- c. Any action causing Injury to opposing Player MAY at discretion of refs be considered **Flagrant:** (Refs will determine if Flagrant 1 or 2)

- i. Flagrant 1: 2 foul shots and ball and expulsion from the rest of the game.
- ii. Flagrant 2: 2 foul shots and ball and expulsion from the rest of the game and automatic 2 game suspension.

- d. 1 and 1 applies on 7th foul of each half. 2 shots on 10th foul.

- e. Each team has Three time-outs per game. Time-outs are thirty seconds.

- f. Overtime in Regular Season/Post Season

- i. No time on clock
- ii. Coach can play any players they want.
- iii. Subs must report to bench and can go in only on dead ball.
- iv. 1 timeout each team. No carryover.
- v. **Team fouls carryover.**
- vi. Player fouls carryover and on 6th foul player fouls out.
- vii. Overtime starts with a jump ball
- viii. **First Team to score 3 points wins**

- g. Player fouls out after six fouls.

- h. Three point shot given if any part of any foot touching on three-point line at time of shot.

- i. Refs stop game in Non-Dead ball situations for regular 6 or 3 minute scheduled substitutions.

- j. High School rules apply except as mentioned above.