Substitution Rule Custom:

A) ***Coach must make three copies of sub list: Scorers Table; Opposing coach and one for himself. Keep copy of Cheat Sheet with team at all times.***

B) ***Get to Gym early and go over with opposing coach to see if any issues. If enforcement of this rule begins to impact the time of games we will stop enforcing it. Requires coaches to do due diligence and get to gym early with other coach or even email to opposing coach early in day for his approval.***

C) ***Late Player or Hurt Player – If a Player is Late or hurt the same level or lower rated player on bench fills in. If only higher level players on bench opposing coach picks player off bench to sub in.***

Team Name	Color		H1 24-18M	H1 18-12M	H1 12-6M	H1 6-0M	H2 24-18M	H2 18-12M	H2 12-6M	H2 6-0M	Total Minutes Played
First Name	Ranking A-B-C	Uniform Number									
			30	30	30	30	30	30	30	30	240

Substitution Rule 8 Player: 8 players with 30 minutes

A) *Coach must make three copies of sub list: Scorers Table; Opposing coach and one for himself. Keep copy of Cheat Sheet with team at all times.*

B) *Get to Gym early and go over with opposing coach to see if any issues. If enforcement of this rule begins to impact the time of games we will stop enforcing it. Requires coaches to do due diligence and get to gym early with other coach or even email to opposing coach early in day for his approval.*

C) *Late Player or Hurt Player – If a Player is Late or hurt the same level or lower rated player on bench fills in. If only higher level players on bench opposing coach picks player off bench to sub in.*

Team Name	Color		H1 24-18M	H1 18-12M	H1 12-6M	H1 6-0M	H2 24-18M	H2 18-12M	H2 12-6M	H2 6-0M	Total Minutes Played
First Name	Ranking A-B-C	Uniform Number									
				SIT		SIT		SIT			30
			SIT		SIT		SIT				30
				SIT		SIT			SIT		30
			SIT		SIT				SIT		30
				SIT			SIT		SIT		30
						SIT		SIT		SIT	30
			SIT					SIT		SIT	30
					SIT		SIT			SIT	30
			30	30	30	30	30	30	30	30	240

Substitution Rule 7 Player: 3 players with 36 minutes 4 players with 33 minutes

A) *Coach must make three copies of sub list: Scorers Table; Opposing coach and one for himself. Keep copy of Cheat Sheet with team at all times.*

B) *Get to Gym early and go over with opposing coach to see if any issues. If enforcement of this rule begins to impact the time of games we will stop enforcing it. Requires coaches to do due diligence and get to gym early with other coach or even email to opposing coach early in day for his approval.*

C) *Late Player or Hurt Player – If a Player is Late or hurt the same level or lower rated player on bench fills in. If only higher level players on bench opposing coach picks player off bench to sub in.*

Team Name	Color		H1 24-18M	H1 18-12M	H1 12-6M	H1 6-0M	H2 24-18M	H2 18-12M	H2 12-6M	H2 6-0M	Total Minutes Played
First Name	Ranking A-B-C	Uniform Number									
				SIT				SIT			36
					SIT		SIT				36
						SIT			SIT		36
			SIT		SIT				F3		33
				SIT			SIT		L3		33
						SIT		F3		SIT	33
			SIT					L3		SIT	33
			A	B	S	E	N	T	xx	xx	0
			30	30	30	30	30	30	30	30	240

Substitution Rule 6 Player: 2 players with 42 minutes 4 players with 39 minutes

A) *Coach must make three copies of sub list: Scorers Table; Opposing coach and one for himself. Keep copy of Cheat Sheet with team at all times.*

B) *Get to Gym early and go over with opposing coach to see if any issues. If enforcement of this rule begins to impact the time of games we will stop enforcing it. Requires coaches to do due diligence and get to gym early with other coach or even email to opposing coach early in day for his approval.*

C) *Late Player or Hurt Player – If a Player is Late or hurt the same level or lower rated player on bench fills in. If only higher level players on bench opposing coach picks player off bench to sub in.*

Team Name	Color		H1 24-18M	H1 18-12M	H1 12-6M	H1 6-0M	H2 24-18M	H2 18-12M	H2 12-6M	H2 6-0M	Total Minutes Played
First Name	Ranking A-B-C	Uniform Number									
							SIT				42
					SIT						42
						SIT			F3		39
			SIT						L3		39
				SIT				F3			39
								L3		SIT	39
			A	B	S	E	N	T	xx	xx	0
			A	B	S	E	N	T	xx	xx	0
			30	30	30	30	30	30	30	30	240